

Trying to become pregnant?



Starting a family is one of the biggest decisions people make in life, yet having a baby is not always easy.

At Fertility Associates our team is dedicated to giving you the best possible chance of having a baby. We've been busy building families for over 20 years with more than 10,000 babies born so far. When it comes to fertility, we understand.

To make an appointment at one of our clinics, please call 0800 10 28 28 or visit us online at www.fertilityassociates.co.nz



FERTILITY
associates

| *a better understanding*
TE RAUHANGA O TE WHARETANGATA

When should I do something?

The right time to seek help is when you are concerned. Often simple tests to check ovulation and sperm quality will give you some clarity on next steps. General guidelines are that you should refer to a fertility specialist if you have been trying to conceive for 12 months without success and the woman is under 35, and earlier if the woman is 35 or older.

Does my age matter?

Yes! A woman's chance of becoming pregnant decreases with age, especially in the late 30s. Generally, the older you are, the earlier you should seek help.

Who should I see?

Your GP may assist with initial tests and refer you for further fertility investigations and treatment. Alternatively, you can telephone us for a consultation with a fertility specialist at any stage.

What happens when I see a fertility specialist?

Your fertility specialist will investigate all possible causes of infertility. This investigation will likely include a medical history and physical examination – hormone tests for women (including ovarian reserve) and sperm tests for men. We offer a full range of treatments. Your specialist will take you through all of the options and outline the best one for you. We also offer counselling and support services to help you throughout your time with us.

How successful is treatment?

Recent advances in technology means that the chance of having a child through IVF is 40-50 percent per treatment for women aged 35 years or younger. Many people will have the option of lower technology treatments which also offer a good chance of pregnancy over a course of three to four months.

Does the Government pay for treatment?

You may be eligible for a publicly funded consultation but you do need to be referred by your GP for this. At the first consultation, whether public or private, you can be scored to find out if you are eligible for publicly funded treatment. There is a waiting list for publicly funded consultations, and a significant waiting list for publicly funded treatments.

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Contact us

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We also hold clinics in Whangarei, West Auckland, Tauranga, Rotorua, Gisborne, Hawkes Bay, Palmerston North, Lower Hutt and Nelson. Please call us or check our website for further details.