

Recommended reading – Donor Conception and Surrogacy

Donor conception

Books:

Building a Family with the Assistance of Donor Insemination, Ken Daniels. Dunmore Press, Palmerston North, 2004

We are Family: What really matters for parents and children, Susan Golombok. Scribe Publications, 2020

Three Makes Baby: How to parent your donor-conceived baby, Jana Rupnow. Rupnow & Associates, 2018. Jana also offers podcasts under the title “Three Makes Baby” and has released a Three Makes Baby Workbook focusing on working through the feeling’s recipient parents may have.

Experiences of Donor Conception: Parents, Offspring and Donors Through the Years, Caroline Lorbach. Jessica Kingsley Publishers Ltd, London, 2003.

Mommies, Daddies, Donors, Surrogates, Diane Ehrensaft. Guilford Press, New York, 2005

Maybe Baby, Sue Saunders. Penguin Books, New Zealand, 2021 **Finding our families: A first-of-its-kind book for donor-conceived people and their families**, Wendy Kramer and Naomi Cahn. Penguin Publishing Group, 2013

Triple Helix: My Donor-Conceived Story, Lauren Burns. University of Queensland Press, 2022

Websites:

VARTA: The Victorian Assisted Reproductive Technology Authority:

<https://www.varta.org.au/understanding-donor-conception> provides information for those considering donation or are donor-conceived, webinars, resources, and FAQs.

“Telling and Talking” booklet series, Donor Conception Network. Guides for parents talking to children of different ages about their donor

conception. Available for purchase through the **Donor Conception Network** website.

<http://dcnetwork.org/> The Donor Conception Network website contains information on donor conception for couples and individuals who are considering or have used donor conception and people who have been conceived using a donor.

Donor Conceived Aotearoa:

<https://donorconceivedaotearoa.co.nz/> Resources, information and support for parents of donor conceived children.

Surrogacy

Mommies, Daddies, Donors, Surrogates. Dianne Ehrensaft. Guilford Press, 2005

Labour of Love: A story of generosity, hope and Surrogacy. Shannon Garner. S. Simon Schuster Australia, 2016

We are Family: What really matters for parents and children, Susan Golombok. Scribe Publications, 2020

Maybe Baby, Sue Saunders. Penguin Books, New Zealand, 2021

Amazing Grace: A story of surrogacy and the love of two New Zealand sisters, Venetia Sherson. JAG Publishing, 2021

Adoption

Adoption New Zealand, Sheryn Gillard-Glass and Jan England. Harper Collins, Auckland, 2002

Oranga Tamariki website:

<https://www.orangatamariki.govt.nz/>

