

# Steps in embryo donation



- 1 Enquiry about donating or receiving embryos.
- 2 A counselling appointment for initial discussion.
- 3 Recipients attend education and preparation sessions about raising a child who is not genetically related to them at CYFS Adoption Services. These are held at regular intervals throughout the year.
- 4 Recipients give consent to a police check.
- 5 Clinic applies to Ministry of Justice for a copy of the police check.
- 6 Donors and recipients complete a non-identifying profile and forward it to the counsellor.
- 7 A second counselling appointment for further discussion of issues involved, and to review the profile.
- 8 Medical appointment for the donor couple with a Fertility Associates doctor to check medical history and complete infection screening.
- 9 Medical appointment for the recipient to assess health and physical suitability for treatment.
- 10 Coordination of donor and recipient requests.
- 11 Profile of potential recipients then shown to donors.
- 12 If favourable, donors' profile shown to recipients.
- 13 If both parties agree, counselling appointment for a joint meeting is arranged.
- 14 Consent forms are completed and signed.
- 15 Counselling reports and medical reports are completed for the ECART application.
- 16 Both donor and recipient seek independent legal advice for the ECART application.
- 17 Application is sent to ECART to be considered at its next meeting. Applications must be received 3 weeks before the meeting date.
- 18 ECART tells the clinic of its decisions 3–4 weeks after its meeting. Some non-identifying information about each application appears on ECART's website after the meeting.
- 19 If requested by ECART, further issues may need to be addressed before application can be approved.
- 20 Treatment may commence once the application is approved.